



LAS TORRES
Patagonia



EXCURSIONS 2016-2017 Hotel Las Torres Patagonia

All Inclusive guests can choose any excursion according to availability without extra charges.

Whether you crave a short walk to a lakeshore or a long ride across the pampas, Hotel Las Torres offers a **full or half-day excursion** to satisfy your quest for adventure inside Torres del Paine National Park.

The hotel's strategic location on the foot of the majestic "Torres del Paine" mountain range and astride the park's legendary hiking trails makes it a perfect "base camp" for exploring the area's many natural wonders.

Excursions are designed to enjoy the national park around a range of topics, from the park's flora, fauna and geology, to the heritage and culture of the region's gauchos and indigenous people. They also include various transportation modes — hiking, horseback riding, vehicle safaris and boat excursions. Last but not least, they vary from easy to difficult depending on your fitness and expertise.

Throughout the day (10am-9pm) our Guest Service, is available to provide all information needed for scheduling your excursions and make your journey and unforgettable experience.

- **All excursions are subject to availability and weather conditions.**
- **We recommend to book excursions in advance.**



Full Day Excursions Hotel Las Torres Patagonia

Excursion Facts	Difficulty	Time & Distances	Duration
1A. Full Paine + Glaciar Grey		+ 3 hrs + 2,5miles / 4km	7-10 hrs.
1B. Full Paine + Glaciar Serrano / Balmaceda		+ 4-5 hrs + 2,5miles / 4km	7-10 hrs.
2. Las Torres Sendero del Ascencio		6miles 10km + 5miles 8km + 11miles 18km	6-8 hrs.
3. Huella del Puma ★		4miles 6,5km + 5miles 9km	8 hrs.
4. Valle Encantado ★		15miles 24km	6-8 hrs.
5. Los Cuernos		14miles 22km + 14miles 22km	6-8 hrs.
6. Valle Bader		11miles 18km + 7,5miles 12km	6-8 hrs.
7. Valle del Francés		1:30 hr + 1 hr + 15km 20km 28km 9miles 12miles 17miles	12 hrs.
8. Mirador Grey		1:30 hr + 1 hr + 14miles 22km	10-12 hrs.
9. Sendero de los Lagos		2:30 hrs + 9,5miles 15km	7-8 hrs.

Excursion Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Full Paine + Glaciar Grey							
Full Paine + Glaciar Serrano / Balmaceda							
Las Torres Sendero del Ascencio (trekking)							
Las Torres Sendero del Ascencio (Horseback Riding)							
Sendero de los Lagos							
*Valle del Francés							
Valle Encantado ★							
Valle Bader							
*Huella del Puma (Trekking) ★							
*Huella del Puma (Horseback Riding) ★							
*Mirador Grey							
Los Cuernos (Trekking)							
Los Cuernos (Horseback Riding)							

- Optional excursions are subject to availability.
- All Inclusive guests can choose any excursion according to availability without extra charges.

* Excursions available from november 16. All tours are subject to weather conditions.

Half Day Excursions Hotel Las Torres Patagonia

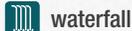
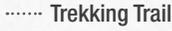
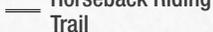
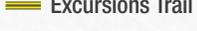
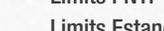
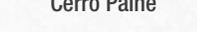
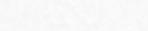
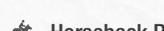
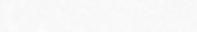
Excursion Facts	Difficulty	Time & Distances		Duration
1. Salto Grande		1:30 hrs + 3,7miles 6km		4 hrs.
2. Lago Sarmiento		1:20 hrs + 3,5miles 5,5km		3-4 hrs.
3. Patagón		1 hr + 4miles 6,5km		4 hrs.
4. Laguna Inges		3,7miles 6km		2-3 hrs.
5. Lago Nordenskjöld		4,3miles 7km	4,3miles 7km	3 hrs.
6. Cerro Paine ★		4miles 6,5km	4miles 6,5km	4 hrs.
7. Bosque de Lenga ★		5miles 8km	5miles 8km	3 hrs.
8. Laguna Azul		3 hrs + 0,6miles 1km		4 hrs.
9. Baqueano de la Patagonia ★		+		3 hrs.
10. Cabalgata (por hora)		1,8miles 3km		1 hr.

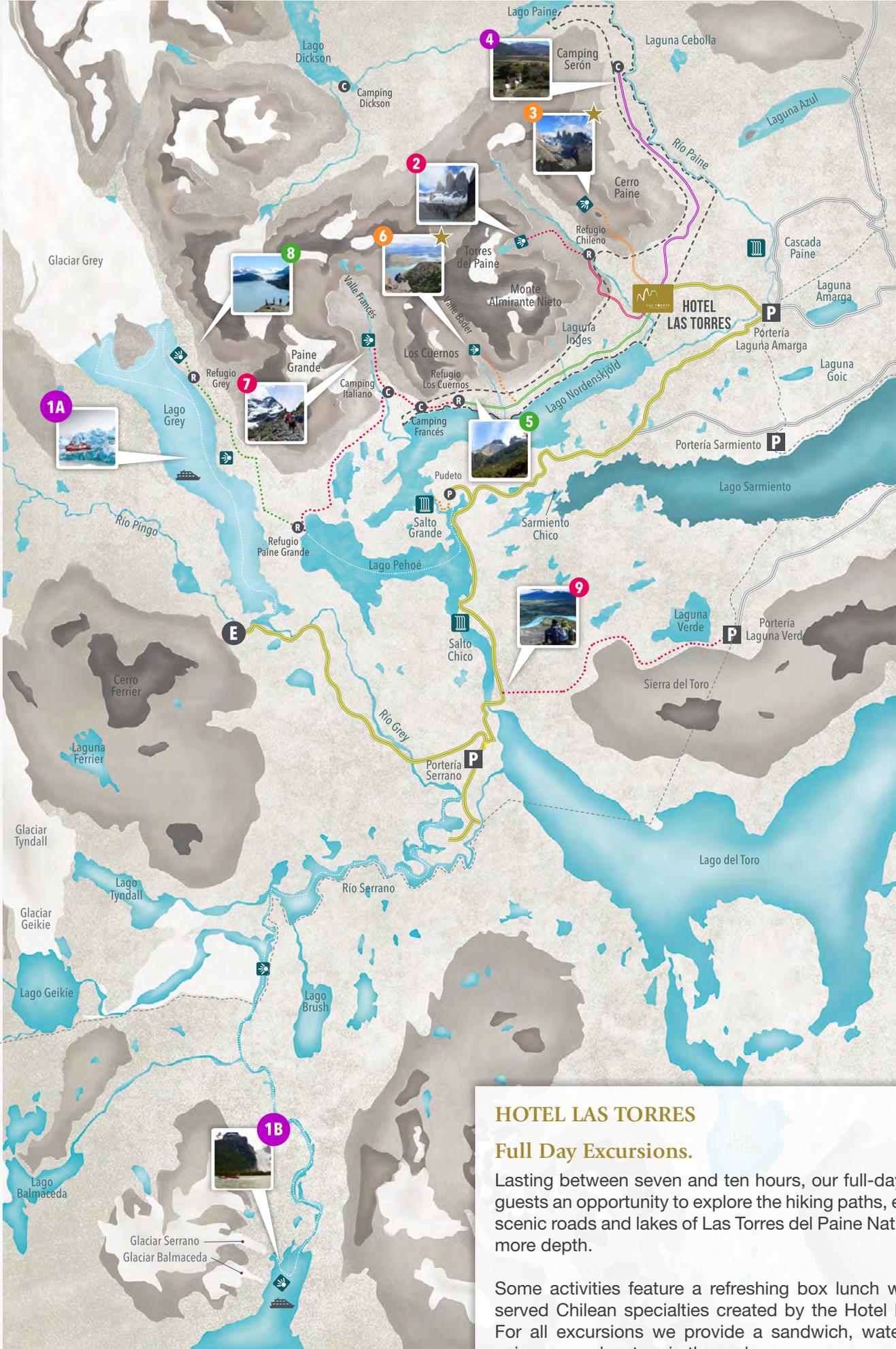
Excursion Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lago Nordenskjöld (Trekking)							
Lago Nordenskjöld (Horseback Riding)							
Salto Grande							
Patagón							
Bosque de Lenga (Trekking) ★							
Bosque de Lenga (Horseback Riding) ★							
Laguna Azul							
Lago Sarmiento							
Baqueano de la Patagonia ★							
Cerro Paine (Trekking) ★							
Cerro Paine (Horseback Riding) ★							
Horseback ride (per hour)							
Laguna Inges							

- Optional excursions are subject to availability.
- All Inclusive guests can choose any excursion according to availability without extra charges.

All tours are subject to weather conditions.

Legend

- P** Park Entrance
- C** Camping
- E** Parking
- R** Refuge (Lodge)
-  waterfall
-  Lookout
-  Trekking Trail
-  Horseback Riding Trail
-  Excursions Trail
-  Trail
-  Limits PNTP
-  Limits Estancia Cerro Paine
-  Catamaran
-  Vehicle
-  Observation
-  Horseback Riding
-  Trekking
-  Difficulty
-  Duration
-  Exclusive Hotel Las Torres



HOTEL LAS TORRES

Full Day Excursions.

Lasting between seven and ten hours, our full-day excursions give guests an opportunity to explore the hiking paths, equestrian routes, scenic roads and lakes of Las Torres del Paine National Park in even more depth.

Some activities feature a refreshing box lunch where you will be served Chilean specialties created by the Hotel Las Torres chefs. For all excursions we provide a sandwich, water and snacks to enjoy your adventure in the park.

Legend

- P** Park Entrance
- C** Camping
- E** Parking
- R** Refuge (Lodge)
-  waterfall
-  Lookout
-  Trekking Trail
-  Horseback Riding Trail
-  Excursions Trail
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-  Limits PNTP
-  Limits Estancia Cerro Paine
-  Catamaran
-  Vehicle
-  Observation
-  Horseback Riding
-  Trekking
-  Difficulty
-  Duration
-  Exclusive Hotel Las Torres



HOTEL LAS TORRES

Half Day Excursions.

You might be surprised at how much you can see of Torres del Paine National Park in just three or four hours. Whether on foot, on a horseback or by vehicle, our half-day excursions are packed with adventure and interesting information about the Park's flora, fauna, geology and human history. Let our experienced and knowledgeable guides take you to places like Salto Grande waterfall, gorgeous Laguna Azul, the wildlife-rich Lengua Forest or extraordinary Lake Sarmiento. Lunch is served at Hotel Las Torres either after your morning tour or before your afternoon excursion

1A. Full Paine + Glaciar Grey



This excursion truly lives up to its name by giving guests the fullest introduction to Torres del Paine National Park in the shortest amount of time. This road trip into the heart of the park features stops at scenic overlooks, short hikes to natural landmarks, and a wonderful lake cruise to Grey Glacier. Stops along the way include Puente Negro (Black Bridge), Nordenskjöld Lookout, Sarmiento Lookout, Lake Pehoé and Salto Grande waterfall.

After enjoying an al fresco gourmet lunch, guests have a choice of a hike along the southern shore of Lago Grey to a point where you can gaze down at icebergs or a narrated

boat trip across the length of the lake to imposing Grey Glacier, which tumbles down from the massive Southern Patagonia Ice Field. The Catamaran is for 100 people and the cruise takes around three hours. Is offered by an external company, therefore, we don't take any responsibility for cancellations due to weather conditions or technical issues.

*** "Full Paine" with navigation on Lago Grey: only tour that requires prior reservation (Limited availability, no date modifications); requires a minimum of 15 guests in Sep/Oct and Mar/Apr.**



1B. Full Paine + Glaciar Serrano y Balmaceda



This excursion truly lives up to its name by giving guests the fullest introduction to Torres del Paine National Park in the shortest amount of time. The journey towards the heart of the park includes stops in the most important and attractive lookout points, brief walks towards some of the most memorable sites within the park, as well as the chance to participate in an incredible sailing experience to observe the Balmaceda and Serrano glaciers. The stops and visits include Puente Negro (Black Bridge), Nordenskjöld Lookout, Sarmiento Lookout, Lake Pehoé and Salto Grande waterfall. After enjoying a tradicional lunch, guests have the

opportunity to sail along the River Serrano towards Mount Balmaceda and visit the largest national park in Chile, Bernardo O'Higgins. During this incredible adventure on a zodiac, where the National Park's currents join together and flow towards the Pacific Ocean, you will be able to observe the Tyndall and Balmaceda glaciers. The sailing expedition also includes a 1.5 hour stop in the area surrounding the Serrano glacier, a place from which you can walk through evergreen forests for 15 minutes to an hour in order to take in an unbeatable view of the glacier. The return trip departs from the same place.

The navigation takes about 4 to 5 hours (including the walks) and is offered by an external company, therefore, we don't take any responsibility for cancellations due to weather conditions or technical issues.

*** The sailing trip is optional and not included as part of the excursion rate, except for guests participating in our all-inclusive programs. The zodiac is a vessel built for a minimum of 5 and a maximum of 16 people.**



2. Las Torres Sendero del Ascencio



This adventurous journey leads to the very base of the celebrated Torres (towers), a viewpoint beside a glacier-fed lagoon with views straight up to the slender, rocky peaks that give the National Park its name. You are given the option of undertaking the entire trek on foot or going halfway on horseback, as far as the Refugio Chileno. Either way, the excursion starts out from the hotel and quickly climbs into the Ascencio Valley, rising through a beautiful lenga forest to the stony heights above. The route crosses ice-cold mountain streams and threads along glacial moraines before reaching Base Las Torres. After enjoying

a snack at the base and time for iconic photographs, the group returns to the hotel via the same route. Total length is 18 km (11 miles) and the elevation change is around 1,000 meters (3,000 feet). The last part of the route is extremely rocky, while other parts feature steep drop offs that may induce vertigo and have a high impact on your knees.



THIS EXCURSION IS PART OF THE FAMOUS "W" CURCUIT.



3. Huella del Puma



This combined horseback and hiking excursion culminates in one of the National Park's most striking viewpoints — over the 1,508 meter (5,000-foot) summit of Cerro Paine (Paine hill). The first section is undertaken on the saddle along a scenic forest section of the Ascencio Valley. This trail heads up on Agostini's route where he took a famous picture in the 40's. Leaving the horses behind, the group passes the treeline and hikes upwards to Cerro Paine's windy summit. The view is truly astounding: the three towers rising in the west, the Paine river Valley and Laguna Azul in the east, lakes Nordenskjöld and Sarmiento in the

south. A panorama that includes granite peaks, glaciers, lakes, forest and patagonian pampas in a single glimpse as you slowly twirl around. After a snack at the summit, we return via the same route to meet our horses and come back to the Hotel.

*** This excursion is exclusive for guests of Hotel Las Torres.**



4. Valle Encantado



Gallop across the pampas and through the lenga forest on this equestrian adventure across the Estancia Cerro Paine. Starting off from our stables, the trip follows the “O” Circuit around the eastern edge of the Paine Massif into the valley of the Paine river. The lenga forest of this area provides a habitat for many birds including Magellanic woodpeckers, Austral parakeets and Chilean flickers. The trail also offers great views of Laguna Azul (Blue Lagoon) and Cerro Paine mountain before reaching Serón Campsite in the Valle Encantado (Enchanted Valley) where we can find a beautiful daisies during spring. After enjoying our box lunch at Serón,

the group returns to the hotel via the same route — with a chance to gallop across the open pampas.

*** This excursion is exclusive for guests of Hotel Las Torres.**



5. Los Cuernos



Get up close and personal with the famous “Horns” of Torres del Paine on this excursion along the edge of the Paine Massif. Leaving the hotel, the route follows a relatively flat section of the “W” Trail between Monte Almirante Nieto and the north shore of Lake Nordenskjöld. Streams fed hanging glaciers slash across the rocky trail as the group makes its way to Refugio Cuernos. Located just below a cluster of jagged peaks called Los Cuernos (“the Horns”), the campsite offers incredible views across the lake Nordenskjöld. While enjoying our box lunch, there’s plenty of time to longer by the lakeside and stick a finger or toe in

the ice-cold water before returning along the path trail to Hotel Las Torres. Total length is 22 km (13 miles) round trip, either by foot or on horseback.



THIS EXCURSION IS PART OF THE FAMOUS “W” CIRCUIT.



6. Valle Bader



Explore a rarely visited corner of the Park on this combined horseback and hiking excursion offered only to Hotel Las Torres guests. Departing from the Hotel on horseback, the route follows 9 km (5 miles) of the “W” Trail before reaching the junction of a small side trail that veers off to the right. At this point, the group leaves the horses behind, setting off on

foot on the steep climb into the remote Bader Valley. Along the way the trail passes through forest and a base camp for mountain climbers, before rising into a rocky area beside a stream where we pause and contemplate the scenery. Tucked between Mount Almirante Nieto and Los Cuernos, the valley offers an incredibly close-up glimpse at the granite faces and an amazing view across Nordenskjöld, Pehoé and Sarmiento lakes to the patagonian pampas.

*** This excursion is exclusive for guests of Hotel Las Torres.**



11 miles | 18 km 7,5 miles | 12 km 6-8 hrs

7. Valle del Francés



One of our longest excursion ventures into the famous Valle del Francés, in the heart of Torres del Paine National Park, and part of the famous “W” Trail. After a 45-minute drive from the hotel, you will board the catamaran Hielos Patagónicos on the lakeshore near Pudeto Ranger Station. A half-hour cruise across Lake Pehoé brings us to Paine Grande, landing on the other side of the lake and the trailhead for the start of our trek. The first part of the trail is relatively flat (it changes about 300m/980ft), leading along the north side of Lago Skottsberg to the bottom of French Valley and Italiano Campsite where we break for water and snacks. Guests have the option of turning back at Italiano or continuing upwards, deeper into the Valle Francés along a steep trail through lenga woods and then a rocky moonscape above the treeline. Roughly 2.5 km (1,5 miles) from Italiano, we reach a viewpoint on the foot of

the “Horns” (Los Cuernos), that affords an awesome view of French Glacier coming down from Mount Paine Grande, the Cuernos del Paine peaks rising behind us, and down the valley to the lakes. Altitude change from start to finish is 700-800 meters (2,300-2,600 feet). There is also an option of returning to the hotel on the “W” Trail via Refugio Cuernos rather than taking the catamaran back across the lake. This is a 16km (10 miles) hike from Refugio Italiano which will take about 5 hours. It is possible that you would have to do this hike by yourself if our guide has to return by catamaran with the rest of the group.

*** Navigation is mandatory (at least one way) and not included as part of the excursion rate, except for guests participating in our all-inclusive programs.**

**** Excursion available from November to March.**



THIS EXCURSION IS PART OF THE FAMOUS “W” CIRCUIT.



1:30 hr 1 hr 15km | 20km | 28km 12 hrs
9miles | 12miles | 17miles



RETURN TO MAP

8. Mirador Grey



One of the park's most incredible views awaits at the end of this water and trail adventure on the western side of the Paine Massif. The excursion starts with a 45-minute drive from the Hotel to the Pudeto area, where the group boards the Hielos Patagónicos catamaran for a half-hour crossing of Lake Pehóé. After reaching Paine Grande Landing on the far side, we set off on a trail along the east side of Lago Grey beneath the towering bulk of Mount Paine Grande. The path undulates through rocky areas, mixed native forests and woodland destroyed by the wild fires of 2011-12, before heading upwards to Mirador Grey with its magnificent views of the lake and glacier. This is the first part of the area placed under government protection, a 1959 decree that created "Parque Nacional de Turismo Lago Grey" —

a reserve that would later expand into today's Torres del Paine National Park. The hike is a 22 km (14 mile) round trip (same trail) from Paine Grande Landing; conditions can be exceedingly wet, cold, rainy and windy even during the height of summer. This is probably one of the hardest excursions along with "Huella del Puma" and "Las Torres Sendero de Ascencio". Anyone undertaking it should be in pretty good physical shape.

*** Navigation is mandatory (round trip) and not included as part of the excursion rate, except for guests participating in our all-inclusive programs.**

**** Excursion available November to March**



THIS EXCURSION IS PART OF THE FAMOUS "W" CURCUIT.



9. Sendero de los Lagos



Get a different take on Torres del Paine flora and fauna — and a dramatically different view of the mountain. The excursion starts with a 90-minute drive alongside Sarmiento lake, around the Park's south eastern edge to the Laguna Verde entrance gate and the Estancia Lazo ranch (also known as "Hostería Mirador del Paine"). After a break at the cozy and very friendly Hostería, the group sets off along the Sendero de los Lagos (Lakes Trail), a one way journey of around

15 km (9.5 miles) to the pick-up point. The route passes through lush lenga forest as well as open areas along the shore of Laguna Verde (Green Lagoon) and Laguna Honda (Deep Lagoon) before veering off to the south and climbing to a summit with a 360° view of the Paine Massif in the north, and Lago Toro (the biggest lake of the Region) along with the endless Patagonian pampas to the southwest. Along the way be on the lookout for owls, woodpeckers, guanaco and other wildlife, as well as orchids and other wildflowers on the forest floor. The last part of the trail, which takes about 50 minutes, drops 500 meters (1,640 feet) to a roadside pull-out near the Paine river. This part might cause vertigo and has a high impact on your knees. Once we reach the road, a vehicle picks up the group for an hour's drive back to the Hotel.



1. Salto Grande



The park's most spectacular waterfall and an astonishing viewpoint are highlights of this relatively easy excursion. The adventure starts with a 45-minute drive to Pudeto in the heart of the park's lake district. The trail leads us through a portion of the park impacted by the great forest fire of 2011-12. Between the remains of the fire-ravaged trees, new life is already sprouting from the rich Patagonian soul. The path continues to Sendero Mirador Cuernos. Possibly the Park's most spectacular viewpoint, the panorama features the "Horns" (Los Cuernos), Mount Paine Grande and the French Valley and Glacier rising straight up from the the other side

of Lake Nordenskjöld: a breathtaking spectacle of rock and water. From this point we continue the trail to Salto Grande, a raging aquamarine cascade that channels water between lakes Nordenskjöld and Pehoé. The roundtrip hike from car park to viewpoint takes about two hours. Given the open terrain, high winds are possible during this trek. Those who don't want to undertake the complete hike can opt for a shorter version that features just the brief hike to Salto Grande waterfall (about 30min rountrip).



2. Lago Sarmiento



Geology and flora are the interests of this 2,5 hour trek around the Park's largest lake, named after the Spanish explorer and author Pedro Sarmiento de Gamboa (1532-1592), who wrote a famous book called The History of the Incas, one of the most detailed descriptions of Inca history, culture and religion. Furthermore, Pedro Sarmiento de Gamboa made the first attempt of colonization in the Magallanes region, in a place that is called "Hunger Port" nowadays and which is one of the most tragic stories of Patagonia.

The excursion starts with a 40-minute drive from the hotel to a trailhead, where we set off hiking down a steep valley with

small bushes that flower in spring and summer. Once we reach the lakeshore, we stop to observe the lake's calcium carbonate formations called thrombolites. The coral-like formations are basically ancient fossils formed as long as 7.000 years ago by bacteria growing in the saline lake. Thrombolites are ancient forms of microbial communities which for the first time in history, made photosynthesis (transforming carbone dioxide into oxygen) possible on earth. Lago Sarmiento is one of the few places in the world where thrombolites are found today. The hike also includes a chance to see and photograph various aquatic birds and grazing guanacos, as well as incredible views of the Paine Massif to the north. A 40-minute drive takes us back to Hotel Las Torres.



3. Patagón



and flightless rheas. About halfway along the trail, there is a large rock formation with overhangs where the Aónikenk people rendered pictographs (rock paintings). Residents of the region for around 7,000 years, the Aónikenk were called Patagones (Big Feet) by the early Spanish, who mistakenly thought they were giants. The lofty rock also offers a perch for gazing at the mountains and the surrounding terrain. The trail continues to the pick-up point at Sarmiento Lake entrance. From there it is a 40-minute drive back to the hotel.

The ancient Aónikenk people of Patagonia and the Park's iconic animal species are the main attractions of this ramble along the Park's southeast corner. The excursion starts with a 25-minute drive close to Laguna Amarga entrance. From there, the trail leads south through an area that local guides and rangers have dubbed the "puma restaurant" because the big cats make so many kills there. You're chances of seeing them in daytime are fairly slim, but the skeletons of their many guanaco kills are clearly evident along the trail. Herds of guanaco often graze along both sides of the trail, and there is also a chance to spot foxes, condors



4. Laguna Inges



request a longer return via another trail. The entire hike falls within the boundary of the Hotel Las Torres estancia (ranch).

Flora and feathered fauna are the focus of this easy hike nearby Hotel Las Torres. Like several of the other excursions, this one starts off along a portion of the "W" Trail before veering off to the south. Along the way, guides help identify and locate an array of birds, flowers and shrubs that inhabit this region. A brief sojourn along the shore of Laguna Inges affords plenty of time to admire Monte Almirante Nieto rising to the north and Lake Nordenksjöld to the south. This excursion is perfect for those craving a short walk but nothing too strenuous. While the normal round trip time is around two and a half hours, those with more energy can



5. Lago Nordenskjöld



Patagonian baqueanos and horses, besides honing your own expertise on the saddle

This celebrated lake at the foot of the Paine Massif is named after Otto Nordenskjöld (1869-1928), a Finnish-Swedish explorer who probed much of the Antarctic, Greenland, Chile and Peru in the early 20th century. Starting out from the hotel, the excursion follows part of the famous “W” Trail that stretches between the lake’s gorgeous north shore and Monte Almirante Nieto, the glacier and snow-covered mountain which anchors the southeastern extreme of the Paine Massif. Although the routes are slightly different for horse and hikers, the scenery and terrain are very similar. The equestrian version includes numerous stream and river crossings and offers a chance to learn more about



6. Cerro Paine



*** This excursion is exclusive for guests of Hotel Las Torres.**

Striking out from the Hotel, this horseback ride or hike follows a steep trail climbing up the western slope of Cerro Paine which has an altitude of 1,500-meters (5,000-feet). Ascending through lenga forests where usually the guide and the group look out for birds, the route breaches the treeline to reach the lofty Mirador D’Agostini and its views back across the valley to granite towers, glaciers and alpine lakes. This trek affords one of the best chances to appreciate the majesty of Torres del Paine National Park in half a day.



7. Bosque de Lenga



Designed for those interested in learning more about Patagonia's famous lenga forests, the horseback ride or hike follows part of the Paine Circuit trail around the eastern edge of the massif. The final destination is the old-growth lenga forest. One of Patagonia's iconic trees, *Nothofagus pumilio* thrives in areas with low temperatures and heavy snow. Lenga woodland provides a habitat for many animals, and during this excursion there is a good chance to spot Magellanic woodpeckers, Austral parakeets, Chilean flickers and other forest small birds. Also be on the lookout for pumas, the so-called "Andean Lion" and member of the

cat family, who roam this forest. Last but certainly not least, the trail features great views of Laguna Azul and Cerro Paine on the eastern side of the massif. This excursion is great on windy days because the trees block out most of the bluster.

*** This excursion is exclusive for guests of Hotel Las Torres.**



8. Laguna Azul



This half-day excursion — the best option for those who want to observe and photograph the Torres towers without all the walking — also offers a small but significant historical footnote. The adventure starts with a 30-minute drive through the rugged terrain of the National's Park's far eastern region to Laguna Amarga, where we can observe cyanobacteria with stromatolites formations, before continuing our journey to the Blue Lagoon. From the parking spot we strike off on a short (half hour) walk that blends wildlife and views of the Paine Massif. Animals are abundant in this part of the park, especially guanacos and birds. The avian community around

Laguna Azul includes water birds, as well as condors and raptors. Gazing from the east, the perspective of famous three towers is much different than elsewhere in the Park, and in some aspects even more awe-inspiring. Laguna Azul is also the spot where Lady Florence Dixie, the intrepid Victorian-era British traveler and author, first spotted the Torres del Paine peaks. She is considered to be the first tourist of Patagonia. In her 1880 book, *Across Patagonia* she called the three towers "Cleopatra's Needles" because the stone monoliths resembled the obelisks of ancient Egypt. During this 4 hour roundtrip we also visit the spectacular Paine waterfall, the first of three waterfalls of Paine river.



9. Baqueano de la Patagonia



Learn the Patagonian cowboy way by spending a morning with the baqueanos, who lead the Hotel Las Torres horseback ridings and look after the horses and stables of Estancia Cerro Paine. During your time with these local vaqueros — the descendants of horsemen who came to work ranches in this remote region more than a century ago — you will learn about their special clothing, their saddles and other horse tack, and get a chance to share a mate (an herbal tea made from yerba mate leaves). Also, you can enjoy a typical breakfast made of “sopaipillas” (type of bread) with “pebre” (Chilean condiment) while chatting about the Patagonian

culture. The baqueanos also demonstrate how to properly saddle a horse, nail a horseshoe and of course how to ride. If you already have riding experience you become one of them and go looking for the “tropilla” (horse herd); an incredible feeling of wilderness and adventure. By the end of this cowboy journey, you will have a much better understanding of what it was like to live and work in this remote corner of South American before the arrival of tourism.

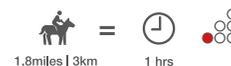
*** This excursion is exclusive for guests of Hotel Las Torres.**



10. Horseback riding (per hour)



For people who haven't spent much time on the saddle, this is a great way to become more familiar with horses and learn the basic skills of riding them. Starting in our own corral and stables, Hotel Las Torres baqueanos (Patagonian gauchos) and guides demonstrate how to ride correctly before undertaking rides or horseback excursions on the estancia lands surrounding the hotel. This is an especially good way for children and the whole family to learn how to ride and enjoy incredible views of this unique place.





WHAT TO BRING

Although each night you enjoy the comfort of Hotel Las Torres, we want to prepare you in the best way to discover the Torres del Paine National Park carefree. Because this area has certain days of high temperatures, strong winds, rain and snow, it is very important to wear appropriate attire for these conditions.



HEAD

- * Wool or fleece hat
- * Sunglasses with UV protection
- * Sunscreen of at least factor 45
- * Lip Protector



TORSO

- * Fast drying shirt to prevent the body from cooling down.
- * Fleece sweater to protect against the wind.
- * Water repellent jacket: Gore-tex protects from the rain and allows perspiration to evaporate.
- * Gloves.



LEGS

- * Trekking pants.
- * Water-repellent pants (Gore-tex).
- * Shorts for hot weather.



FEET

- * Trekking socks.
- * Trekking shoes, preferably high-rise, to avoid twisting an ankle.
Try them for at least a week before to verify comfort.
- * Gaiters (optional): to cover the bottom of the pants and the boot and prevent mud, water or snow from getting into the sock and getting them wet.

For greater safety, you may bring walking sticks.